

# Mar-25



ES [D]DU#FHQWHU#  
P HQX

AB SHERON  
CATERING & SERVICES

## HALAL FOOD



| DATE                | 03/17/25                            |         | 03/18/25                                      |         | 03/19/25                                    |           | 03/20/25 |          | 03/21/25 |          |
|---------------------|-------------------------------------|---------|---|---------|---|-----------|----------|----------|----------|----------|
| MENU                | Monday                              | Day One | Tuesday                                       | Day Two | Wednesday                                   | Day Three | Thursday | Day Four | Friday   | Day Five |
| Vxss#i#hgd          | Vermicelli Soup                     |         | Dushbara Soup/Red Lentil Soup                 |         | Rice Soup                                   |           |          |          |          |          |
| P d#F raxh#R swirqv | Roast Duck with Orange Sauce        |         | Baked Samon Whole/Grilled Beef w/ Onion gravy |         | Beef Lasagna                                |           |          |          |          |          |
| K hdk  #R swirqv    | Beef Stew Local Style               |         | Chicken Curry/Shrimp w/ cheesy Sauce          |         | Chicken Tabaka                              |           |          |          |          |          |
| Y h#hwd#R swirqv    | Baked Fish Fillet (Hamour Fish)     |         | Fried Squid/Lamb Ash Gara                     |         | Baked Steamed fish w/Vegetables (Milk Fish) |           |          |          |          |          |
| J d#h#R swirqv#05   | Kuku                                |         | Vegetarian Pizza                              |         | Vegetable Curry/Chapur                      |           |          |          |          |          |
| Y h#hwd#R swirqv    | W-rice/Corn Rice Buckwheat          |         | W-rice/Rice Pilaf Baked Potato w/ Rosemary/   |         | W-rice/Vermicelli rice Baked Potato         |           |          |          |          |          |
| V d#g#R swirqv      | Vegetables                          |         | Vegetables                                    |         | Vegetables                                  |           |          |          |          |          |
| V d#g#R swirqv      | Green Salad                         |         | Green Salad                                   |         | Green Salad                                 |           |          |          |          |          |
|                     | Fattoush Salad                      |         | Vinaigrette Salad                             |         | Green Salad                                 |           |          |          |          |          |
|                     | Russian Salad                       |         | Chicken Salad                                 |         | Tuna Salad                                  |           |          |          |          |          |
|                     | Cucumber Yogurt Salad               |         | Roast Beef Salad                              |         | Greek Yogurt Cucumber Salad                 |           |          |          |          |          |
|                     | Red Beans Salad/ Chickpeas Salad    |         | Cucumber Greek Yogurt Salad                   |         | Red Beans Salad/ Chickpeas Salad            |           |          |          |          |          |
| D s#h#R swirqv      | Healthy Food Selection Items        |         | Healthy Food Selection Items                  |         | Healthy Food Selection Items                |           |          |          |          |          |
|                     | Assorted Cheese                     |         | Assorted Cheese                               |         | Assorted Cheese                             |           |          |          |          |          |
|                     | Assorted Pickles & Olives           |         | Assorted Pickles & Olives                     |         | Assorted Pickles & Olives                   |           |          |          |          |          |
| I u#k#u#k#w         | Assorted Cold Cut & Cheese Platter  |         | Assorted Sushi                                |         | Assorted Cold Cut                           |           |          |          |          |          |
| G h#h#w             | 3 Types of Fruits Seasons           |         | 3 Types of Fruits Seasons                     |         | 3 Types of Fruits Seasons                   |           |          |          |          |          |
| G u#w#j#v           | Assorted Sweets                     |         | Assorted Sweets                               |         | Assorted Sweets                             |           |          |          |          |          |
| E h#u#j#h# #k#l#h#v | Assorted Dressings                  |         | Assorted Dressings                            |         | Assorted Dressings                          |           |          |          |          |          |
| E h#u#j#h# #k#l#h#v | Selection Of drinks and Fresh Juice |         | Selection Of drinks and Fresh Juice           |         | Selection Of drinks and Fresh Juice         |           |          |          |          |          |

